

Allentown YMCA & YWCA at SPORTSFEST

Powerlifting - Bench Competition

July 26 2008

Allentown, Pa

Name	Sex	Raw or Equip	Actual Weight	Age	Division	City	State	Bench			Best BP	Formula	Total	Place
								1	2	3				
148														
Steven Wetly	M	Raw	139.6	32	Open	Kutztown	Pa	225	240-x	240-x	225	0.7682	172.8	2
John Marina	M	Raw	137.8	26	Open	Allentown	Pa	205	225	240	240	0.779	187	1
165														
Frank Claps	M	Raw	160.8	63	M5	Hellertown	Pa	220	230	240-x	230	0.6787	156.1	1
Ryan Ferguson	M	Raw	156.8	19	T2	Moscow	Pa	240	255	265-x	255	0.693	176.7	1
William Dinder	M	Raw	164.4	52	M3	Allentown	Pa	275	295	315	315	0.6688	210.7	1
181														
Jack Rubio	M	Equip	174.8	44	Open,M1	Bangor	Pa	330	350	360	360	0.6365	229	2,1
Kathy Fields	F	Raw	181	35	Open	Bethlehem	Pa	245	265	285-x	265	0.6755	179	1,BL
Brian Garcia	M	Equip	178.4	35	Open	Phillipsburg	NJ	340	360	370	370	0.6288	232.7	1,BL
198														
Corey Bachert	M	Raw	188.4	14	T1	Walnutport	Pa	195	210	215	215	0.6056	130.2	1
Shawn Fejes	M	Raw	198.4	29	Open	Allentown	Pa	225	295-x	295	295	0.5861	172.9	1
SHW (female)														
Melissa Anthony	F	Raw	399.5	26	Open	Macungie	Pa	205	220	235	235			1
220														
Jerry Norrell	M	Equip	217.6	42	Open,M1	Phillipsburg	NJ	415	430	440-x	430	0.5568	239.4	1,1
Jason Garcia	M	Equip	212	31	Open	Phillipsburg	NJ	365	380	390	390	0.5643	220.1	2
242														
Ryan Seyfried	M	Equip	232.6	24	Open	Alburtis	Pa	400	425	450-x	425	0.5426	230.6	1
Eric Dietterich	M	Raw	225.4	18	T2	Bangor	Pa	255	265	295	295	0.5994	176.8	1
275														
Michael Stampone	M	Raw	253.4	19	T2	Bethlehem	Pa	345	355-x	355-x	345	0.5316	183.4	1
Wilson Ramos	M	Equip	272.6	43	M1	Allentown	Pa	475	500	510-x	500	0.5227	261.4	1,BL
308														
Christopher Wyant	M	Raw	308.4	18	T2	Bangor	Pa	240	275	290	290	0.5037	146.1	1

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Powerlifting - Deadlift Competition

July 26 2008
Allentown, Pa

Name	Sex	Raw or Equip	Actual Weight	Age	Division	City	State	Deadlift			Best DL	Formula	Total	Place
								1	2	3				
148														
Chris Loutrary	M	Equip	137.2	54	M3	Allentown	Pa	365	400	415	415	0.7846	313.8	1
181														
Dana Poloni	M	Raw	171.2	19	T2	Nazareth	Pa	405	455	485	485	0.6475	314	1
198														
Corey Bachert	M	Raw	188.4	14	T1	Walnutport	Pa	250	270	295	295	0.6056	178.7	1
Mike Impo	M	Raw	188.4	47	M2	Jamison	Pa	335	365	390	390	0.6056	236.2	1
220														
Jeremy Burger	M	Equip	219	23	Jr,Open	Palmertown	Pa	500	550	600	600	0.5556	333.4	1,1
242														
Wayne Jones	M	Raw	240.6	44	M1	Lancaster	Pa	550	600	xxx	600	0.5373	322.4	1
Bob Hill	M	Raw	234.8	56	M4	Reading	Pa	490	520	550-x	520	0.5411	281.4	1

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								1	2	3				1	2	3				
123																				
Robert Kennedy	M	Raw	122	30	Open	Quakertown	Pa	205	215	225	225	0.8863	199.4	325	350	375	375	0.8863	332.4	1
148																				
Keith Gebhardt	M	Raw	145.4	17	T2	Gouldsboro	Pa	205	215	225	225	0.7432	167.2	1	255	285	305	0.7432	226.7	1
165																				
Rob Hallet	M	Raw	159.2	24	Open	Gouldsboro	Pa	230	240	255-x	240	0.6857	164.6	465	485	500	500	0.6857	342.9	1
Ryan Ferguson	M	Raw	156.8	19	T2	Moscow	Pa	240	255	265-x	255	0.693	176.7	390	410	440	440	0.693	304.9	1
181																				
Bob Demek	M	Equip	175.8	20	Jr	Madison twsp	Pa	305	320	335-x	320	0.6339	202.8	505	530	550	550	0.6339	348.6	1,BL
198																				
David Siegfried Jr.	M	Raw	192.8	43	Open,M1	Alburtis	Pa	390	410	430-x	410	0.5954	244.1	495	525-x	525	525	0.5954	312.6	1,1
Dave Yarnell	M	Eq,Raw	198.4	48	198	Quakertown	Pa	300	330	350	350	0.5861	205.1	500	540	565	565	0.5861	331.1	1
Chris Getz	M	Raw	191.6	54	M3	Center Valley	Pa	215	235	245-x	235	0.5878	138.1	315	335	360	360	0.5878	211.6	1
SHW (female)																				
Ame Rychlak	F	Raw	285.6	32	Open	Royersford	Pa	195	215	225-x	215			300	315	325	325			1
242																				
Cory Matchulat	M	Raw	227.5	17	T2	Scranton	Pa	285	305	325-x	305	0.5467	166.7	395	410	425	425	0.5467	232.3	1
275																				
Mikah El Bey	M	Raw	252.6	42	M1	Allentown	Pa	375	400-x	400	400	0.5316	212.6	315	360	405	405	0.5316	215.3	1

BL - Best Lifter

Female Lifters are in red