

Stages Schedule 2010			
Day & Time	OAA Stage & Tent	BENNETT Stage & Tent	The Ring
Thursday			
16:00:00			Boxing
17:00:00	Kick-off Party	Latin - HALA	Boxing
17:30:00	Kick-off Party	African	Boxing
18:00:00	Kick-off Party	Bollywood/Classical Indian - Ramzat	Boxing
18:30:00	Kick-off Party	Flamenco-Naomi	Boxing
19:00:00	Kick-off Party	Irish-O'Grady Quinlan	Boxing
20:00:00	Kick-off Party	Belly Dance-Embers & Emeralds	Boxing
21:00:00	Kick-off Party		Boxing
Friday			
16:00:00			Boxing
17:00:00	Complete Chiropractic	HALA	Boxing
17:30:00	J & S International	Hala	Boxing
18:00:00	McCan School of Business	BIA	Boxing
18:30:00		BIA	Boxing
19:00:00		Sharon Plessl School	Boxing
20:00:00		Ballet Guild	Boxing
Saturday			
9:00:00		Yoga	Allentown Boxing Club
10:00:00	Power Lifting	Martial Arts	Allentown Boxing Club
11:00:00	Power Lifting	Martial Arts	Allentown Boxing Club
12:00:00	Power Lifting	Body Building	Allentown Boxing Club
13:00:00	Power Lifting	Body Building	Allentown Boxing Club
14:00:00	Arm Wrestling	Body Building	Allentown Boxing Club
15:00:00	Arm Wrestling	Body Building	Allentown Boxing Club
16:00:00	Arm Wrestling	Body Building	Boxing
17:00:00	Velocity (OAA)	Body Building	Boxing
17:30:00	HPC (OAA)	Body Building	Boxing
18:00:00	Independent Beach Body	Belly Dancing	Boxing
19:00:00		Sharon Plessl	Boxing
20:00:00		Salsa Caribe	Boxing
21:00:00			Boxing
Sunday			
9:00:00		Yoga	
10:00:00	Fencing	Yoga	
11:00:00	Fencing	Yoga	
12:00:00	Fencing	Dance Presentation	
13:00:00	Fencing	Dance Presentation	
14:00:00	Fencing	Dance Presentation	WXW Showcase
15:00:00	Fencing	Dance Presentation	WXW Showcase
16:00:00	Zumba	Dance Presentation	WXW Showcase
17:00:00			WXW Showcase
18:00:00			WXW Showcase